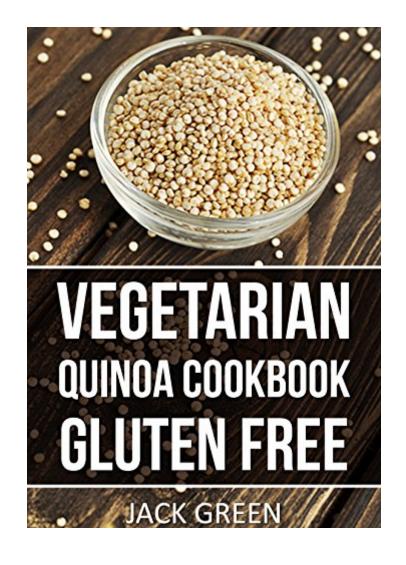
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Vegetarian: Vegetarian Quinoa Cookbook-Gluten Free Plant Based Superfood Recipes (forks Over Knives,raw Till 4,whole 30,Slow Cooker,crockpot,Cast Iron)





Synopsis

Vegetarian Quinoa Cookbook-Gluten Free-Dairy Free-Budget FriendlyDownload Your Copy TODAY For The Price Of CoffeeThis book offers many unique recipes for the vegetarian lifestyle, the best part is they are all GLUTEN FREE. The directions are easy to understand and apply, nothing difficult to comprehend when making these delicious meals. Here's a glimpse of the recipes:pineapple-cashew quinoa curry bowlbroccoli quinoa quesadillas quinoa & spinach stuffed portobellos capriblack bean & quinoa veggie burgers curried quinoa mango saladquinoa broccoli slaw with honey-mustard dressing loaded veggie quinoa sliders recipe pizza quinoa stuffed portabella mushroomsnutty quinoa, spinach and cranberry saladquinoa with roasted brussels and pomegranate dressing quinoa vegetarian chilipeanutty quinoa bowlssriracha quinoa bites& MUCH MOREBonus: Free Ebook -â œGluten Free & Dairy Free Vegan Dessertsâ •

Book Information

File Size: 1376 KB Print Length: 65 pages Simultaneous Device Usage: Unlimited Publication Date: August 2, 2015 Sold by: Â Digital Services LLC Language: English ASIN: B013CR731Q Text-to-Speech: Enabled X-Rav: Not Enabled Word Wise: Not Enabled Lending: Not Enabled Enhanced Typesetting: Enabled Best Sellers Rank: #458,950 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #78 inÄ Books > Cookbooks, Food & Wine > Kitchen Appliances > Cast Iron #89 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Cooking by Ingredient > Rice & Grains #193 in Books > Cookbooks, Food & Wine > Cooking by Ingredient > Rice & Grains

Customer Reviews

I recently started a Gluten diet and this book has been instrumental in keeping my on point. I especially love the Curried Quinoa Mango Salad recipe and the Pizza Quinoa Stuffed Portabella Mushrooms. I would definitely recommend this book to anyone looking at following this type of diet. I My family enjoys QUINOA and we are always looking for exciting ways to prepare the superfood. Jack Green has provided lots of new ways that we are ready to try. This looks like a cookbook that I will enjoy and return back to on many occasions.

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